# The UNIVERSITY of WESTERN ONTARIO LONDON CANADA

# Department of Psychology Psychology 9380: Clinical Psychology Proseminar

#### COURSE DESCRIPTION

This proseminar course consists of a series of clinical workshops, clinical and research brown bags and two clinical program meetings (one in the fall and one in the spring). Typically, there are two workshops and six clinical brown bags per year. Presentations focus on various clinically relevant topics, and are made by adjunct clinical faculty, core faculty, or other guest speakers. Workshops are typically a half-day or day-long each providing in-depth coverage of a specific topic of interest to clinical students. A series of research-oriented brown bags will also be scheduled throughout the year (occurring once or twice per month). These brown bags will afford students the opportunity to hone their presentation, research design, and grant writing skills. Students and faculty will sign up for time slots to practice a talk for an upcoming conference (or job talk), get feedback on a grant application, or discuss a research project they hope to implement while the study is still in the design phase. In addition to helping us stay informed about the awesome research going on in our program, the research brown bags will potentially foster cross-lab collaborations and provide students with a chance to get feedback on their research in a fun and supportive environment. The proseminar series is a requirement of the clinical program, with all students (except those applying for, completed or on predoctoral residency) expected to attend all of the events that are part of the proseminar series. This milestone is limited to clinical students; three terms.

## **COURSE COORDINATOR**

Dr. David Dozois, Clinical Program Director, Room 313E, Westminster Hall

Email: <u>ddozois@uwo.ca</u> Tel: 661-2111 x. 84678

Please contact Dr. Dozois if you have any questions about the Proseminar course.

#### ATTENDANCE REQUIREMENTS AND GRADING

The proseminar series is a requirement of the clinical program, with all students (except those applying for, currently on, or who have completed their predoctoral residency) expected to attend all events that form part of the proseminar series. In keeping with the self-regulation and self-reporting components of professional training in clinical psychology, students are required to keep a record of their own attendance at each event (using a form that will be provided at the end of each semester). This completed form will be presented to the course coordinator for review and signature at the end of the first term (Fall 2023) and then during the Summer term 2024. Students should retain a copy of their completed and signed forms, as this record of presenters and topics will be useful in the future (i.e., when you are asked to provide details of your clinical training for registration, etc.).

It is expected that students will display a high degree of professionalism in the accuracy of their recording. As one illustration, you should only log an event (and thus receive credit) if you attended the *entire* event (i.e., it is not professional to leave an event part way through and then claim credit). Please note that any breaches of accuracy in the self-reporting of attendance are of serious concern in terms of professional development and training and may thus be viewed by the clinical program as a scholastic offence. Accordingly, please ensure that you are completely accurate in your recording throughout the year. The course coordinator may review attendance and the attendance form with the student at any time during the course. The course coordinator may also arrange, on occasion, to have an attendance sheet circulated and signed during a given event. If you have any questions concerning attendance at proseminar events, contact the course coordinator.

This course is now considered to be a milestone. In order to have the completed milestone on your transcript, students are required to fully attend, at a minimum, at least 80% of all of the events that comprise Psychology 9380 (including clinical and research brown bags, workshops, fall annual meeting and the Spring retreat).

#### **EVENT SCHEDULE**

**Please Note:** This schedule will be updated on a periodic basis by the course coordinator, as the various events are finalized for each term. A copy of each updated schedule will be sent by email, to all students enrolled in the course, and posted on the Clinical Psychology Program website (see information for Current Students – Clinical Psychology Brown Bags and Workshops). Special thanks to the members of CSAC (Genevieve Bianchini, Bianca Iddiols, Kaycee Stewart, and Samantha Withnell) for their work in organizing this year's series of brown bags and workshops.

- Please note: The research brown bags will be scheduled on weeks that do not conflict with the clinical talks. Thanks to Genevieve Bianchini for organizing the research brown bags. Please be sure to keep your Thursday afternoons free from other commitments (e.g., practica, TA work, etc.).
- Research Brown Bags Schedule: TBA.

#### FALL TERM 2023

## **Brownbags**

- 1. September 14, 2023: Dr. Stephanie Dubois, St. Joseph's Health Care London "Zero Suicide: Assessment and Intervention" (12-1 pm, by Zoom).
- 2. October 2023: Cancelled
- 3. November 23, 2023: Dr. Peter Prior, St. Joseph's Health Care London "Psychology in Cardiac Rehabilitation & Secondary Prevention: Clinical Practice, Behavioural Science and Research."

## **Annual Fall Meeting**

4. November 30, 2023, 3:00-5:00 pm, by Zoom

## Workshop

5. December 7, 2023: Dr. Henny Westra, York University – "*Motivational Interviewing*" (1:30-4:30 pm, by Zoom)

#### **WINTER TERM 2024**

## **Brownbags**

- 1. January 25, 2024: Dr. Craig Ross, Child and Parent Resource Institute —" *The Whole is Greater than the Sum of Its Parts: Working as a Psychologist Within an Interdisciplinary Team*" (12:00 1:00 pm, WH20F)
- 2. February 22, 2024: Dr. Dilys Elizabeth Haner, Navigating Onward/London Family Court Clinic "Forensic Psychology" (12:00 -1:00 pm, WH20F)
- 4. March 21, 2023: Dr. Kelly Benn, Private Practice "*Psychopharmacology*" (12:00-1:00 pm; WH20F)

## Workshop

3. April 11, 2024: Dr. Carey Anne DeOliveira, Private Practice – "The only way out is through: How Emotion Focused Therapy works in clinical practice" (1:30-4:30 pm, WH20F)

## 4. Spring Annual Retreat

May 31, 2023: Dr. Dayna Lee-Baggley, CEO Dr. Dayna Lee-Baggley & Associates, Halifax, Nova-Scotia – "Re-igniting a sense of meaning and purpose: Using ACT and the ACT Matrix to address professional burnout with evidence-based skills." (Time/Location TBA).