

Curriculum Vitae

Alex J. Benson

Department of Psychology

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Google scholar page: <https://scholar.google.ca/citations?user=po-D11wAAAAJ&hl=en>

OSF page: <https://osf.io/w4n9p/>

Lab website: <https://www.iopsychwestern.com/benson-lab>

EDUCATION

- 2012-2016 **Wilfrid Laurier University, Waterloo, ON, Canada**
Ph.D., Social Psychology, Wilfrid Laurier University
- 2014 **Bangor University, Bangor, Wales, United Kingdom**
Visiting Scholar, Institute for Psychology of Elite Performance
- 2010-2012 **Wilfrid Laurier University, Waterloo, ON, Canada**
M.Sc., Kinesiology
- 2006-2010 **Wilfrid Laurier University, Waterloo, ON, Canada**
Honours B.Sc., Kinesiology

POSITIONS HELD

- 2017-current **Western University, London, ON, Canada**
Assistant Professor, Department of Psychology
- 2016-2017 **Nipissing University, North Bay, ON, Canada**
SSHRC Postdoctoral Fellow, School of Physical and Health Education

RESEARCH SUPPORT

- 2019 **Social Sciences and Humanities Research Council of Canada**
Partnership Engage Grant
Don't tell me how to lead! The effects of personality on the transfer of a leadership development program
Role: Co-applicant
\$23,753

- 2019 **John R. Evans Leaders Fund**
Social Observation Laboratory
Role: Co-applicant
\$185,005
- 2018-2020 **Mitacs**
Accelerate Cluster Grant
Having a pulse for the group
Role: Co-investigator
\$80,000
- 2018-2020 **Social Sciences and Humanities Research Council of Canada**
Insight Development Grant
Do great followers make great leaders? Disentangling the traits valued in followers and leaders
Role: Principal Investigator
\$55,971
- 2018-2020 **Western University**
Evaluating the consequences and dynamics of conflict during the socialization of newcomers
SSHRC Internal Seed Research Grant
Role: Principal Investigator
\$23,873
- 2018 **Mitacs**
Accelerate Internship Program
Assessing trust of artificial intelligence technology in the context of workplace relations
Role: Principal Investigator
\$30,000
- 2017-2018 **Social Sciences and Humanities Research Council of Canada**
Postdoctoral Fellowship
\$81,000 (accepted \$40,500).
- 2017 **Social Sciences and Humanities Research Council of Canada and Sport Canada**
Sport Participation Research Initiative Postdoctoral Supplement
\$10,000
- 2013-2016 **Social Sciences and Humanities Research Council of Canada**
Joseph-Armand Bombardier Doctoral Canada Graduate Scholarship
\$105,000
- 2015 **North American Society of Psychology for Sport and Physical Activity**
Graduate Student Research Grant

\$1,800

2014 **Social Sciences and Humanities Research Council of Canada**
Michael Smith Foreign Study Supplement
\$6,000

2014 **Social Sciences and Humanities Research Council of Canada and Sport
Canada**
Sport Participation Research Initiative Doctoral Supplement
\$10,000

AWARDS AND HONOURS

- 2017 30 for 30 Award, Wilfrid Laurier Graduate Students Association, awarded to
30 former or current graduate students who best exemplify a life of leadership
and purpose
- 2016 Franklin Henry Young Scientist Award: Sport Psychology, Canadian Society
for Psychomotor Learning and Sport Psychology
- 2016 Gold Medal of Academic Excellence at the Doctoral Level, Wilfrid Laurier
University
- 2012 Gold Medal of Academic Excellence at the Master's Level, Faculty of
Science, Wilfrid Laurier University
- 2011 Dean's Scholarship, Wilfrid Laurier University

PUBLICATIONS

Journal Articles

1. **Benson, A. J.**, Daljeet, K. N., & Cavallo, J. V. (2019). Tailoring emotional expressions in romantic relationships: A Person-centered approach. *Journal of Research in Personality*. Advance online publication. doi: 10.1016/j.jrp.2019.103897
2. **Benson, A. J.**, Azizi, E., Evans, M. B., Eys, M., & Bray, S. R. (2019). How innuendo shapes impressions of task and intimacy groups. *Journal of Experimental Social Psychology*. Advance online publication. <https://doi.org/10.1016/j.jesp.2019.103854>
3. Graupensperger, S. A., **Benson, A. J.**, Bray, B. C., & Evans, M. B. (2019). Social cohesion and peer acceptance predict student-athletes' attitudes toward health-risk behaviors: A within- and between-group investigation. *Journal of Science and Medicine in Sport*. doi: 10.1016/j.jsams.2019.07.003

4. Evans, M. B., Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Gottschall, J. S. (2019). Groupness perceptions and basic needs satisfaction with fitness groups. *Group Dynamics: Theory, Research, and Practice*. Advance online publication. <http://dx.doi.org/10.1037/gdn0000103>
5. Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Evans, M. B. (2019). Perceptions of groupness during fitness classes predict exertion, enjoyment, and satisfaction: An intensive longitudinal investigation. *Sport, Exercise, and Performance Psychology*. Advance online publication. <http://dx.doi.org/10.1037/spy0000157>
6. **Benson, A. J.**, Jeschke, J., Jordan, C. H., Bruner, M. W., & Arnocky, S. (2019). Will they stay or will they go? Narcissistic admiration and rivalry predict ingroup affiliation and devaluation. *Journal of Personality*, 87, 871-888. doi:10.1111/jopy.12441
7. Evans, M. B., Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Gottschall, J. S. (2019). Group structure and entitativity in exercise: Considering within- and between-group perceptions of groupness. *Psychology & Health*, 34, 715-732. doi:10.1080/08870446.2019.1566548
8. Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (2019). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Psychology of Sport & Exercise*, 43, 82-89. doi:10.1016/j.psychsport.2019.01.005
9. Bailey, B., **Benson, A. J.**, & Bruner, M. W. (2019). Investigating the organizational culture of CrossFit. *International Journal of Sport & Exercise Psychology*, 17, 197-211 doi:10.1080/1612197X.2017.1329223
10. Graupensperger, S., **Benson, A. J.**, Evans, M. B. (2018). Everyone else is doing it: The association between social identity and susceptibility to peer-influence in NCAA athletes. *Journal of Sport & Exercise Psychology*, 40, 117-127. doi: 10.1123/jsep.2017-0339
11. Bruner, M. W., Boardley, I. D., **Benson, A. J.**, Wilson, K. S., Root, Z., Sutcliffe, J., Turnridge, J., & Côté, J. (2018). Disentangling the relations between social identity and prosocial and antisocial behavior in competitive youth sport. *Journal of Youth and Adolescence*, 47, 1113-1127. doi:10.1007/s10964-017-0769-2
12. **Benson, A. J.**, & Bruner, M. W. (2018). How teammate behaviors relate to athlete affect, cognition, and behaviors: A daily diary approach within youth sport. *Psychology of Sport & Exercise*, 34, 119-127. <https://doi.org/10.1016/j.psychsport.2017.10.008>
13. Bruner, M. W., & **Benson, A. J.** (2018). Evaluating the psychometric properties of the Social Identity Questionnaire in Sport. *Psychology of Sport & Exercise*, 35, 181-188. doi:10.1016/j.psychsport.2017.12.006
14. Boroumand, S, **Benson, A. J.**, & Eys, M. (2018). How status conflict undermines athletes' willingness to help new teammates. *Journal of Applied Sport Psychology*, 30, 358-365. doi:10.1080/10413200.2017.1384939

15. **Benson, A. J.**, & Eys, M. A. (2017). Understanding the consequences of newcomer integration processes: The Sport Team Socialization Tactics Questionnaire. *Journal of Sport & Exercise Psychology*, *39*, 13-28. doi: 10.1123/jsep.2016-0182
16. **Benson, A. J.**, Bruner, M. W., & Eys, M. (2017). A social identity approach to understanding the conditions associated with antisocial behaviors among teammates in female teams. *Sport, Exercise, and Performance Psychology*, *6*, 129-142. doi:10.1037/spy0000090
17. Herbison, J. **Benson, A. J.**, & Martin, L. J. (2017). The intricacies of the friendship-cohesion relationship in children's sport. *Sport & Exercise Psychology Review*, *13*, 11-20.
18. **Benson, A. J.**, Hardy, J., & Eys, M. A. (2016). Contextualizing leaders' interpretations of proactive followership. *Journal of Organizational Behavior*, *37*, 949-966. doi: 10.1002/job.2077
19. **Benson, A. J.**, Eys, M., & Irving, G. (2016). Great expectations: How role expectations and role experiences relate to perceptions of team cohesion. *Journal of Sport & Exercise Psychology*, *38*, 160-172. doi: 10.1123/jsep.2015-0228
20. **Benson, A. J.**, Šiška, P., Eys, M., Priklerová, S., & Slepíčka, P. (2016). A prospective multilevel examination of the relationship between cohesion and team performance in elite youth sport. *Psychology of Sport & Exercise*, *27*, 39-46. doi: 10.1016/j.psychsport.2016.07.009
21. **Benson, A. J.**, Jordan, C. H., & Christie, A. M. (2016). Narcissistic responses to subordinate role assignment: The case of the narcissistic follower. *Personality and Social Psychology Bulletin*, *42*, 985-999. doi: 10.1177/0146167216649608
22. **Benson, A. J.**, Evans, M. B., & Eys, M. A. (2016). Organizational socialization in team sport environments. *Scandinavian Journal of Medicine and Science in Sports*, *4*, 463-473. doi: 10.1111/sms.12460
23. **Benson, A. J.**, Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (2015). Embracing athletic identity in the face of threat. *Sport, Exercise, and Performance Psychology*, *4*, 303-315. doi: 10.1037/spy0000045
24. Surya, M., **Benson, A. J.**, & Balish, S. M., & Eys, M. A. (2015). Exploring the influence of injury on group interaction processes. *Journal of Applied Sport Psychology*, *27*, 52-66. doi: 10.1080/10413200.2014.941512
25. **Benson, A. J.**, Surya, M., & Eys, M. A. (2014). The nature and transmission of role responsibilities in sport teams. *Sport, Exercise, and Performance Psychology*, *3*, 228-240. doi: 10.1037/spy0000016

26. Evans, M. B., **Benson, A. J.**, Mitchell, T., Robertson-Wilson, J. & Eys, M. A. (2013). An exploration of municipal active living charter development and advocacy. *Health and Fitness Journal of Canada*, 6, 101-115.
27. **Benson, A. J.**, Eys, M. A., Surya, M., Dawson, K. A., & Schneider, M. A. (2013). Athletes' perceptions of role acceptance in sport teams. *The Sport Psychologist*, 27, 269-280. doi: 10.1123/tsp.27.3.269

Journal Articles Invited for Resubmission or Under Review

1. Vella, S. A., **Benson, A. J.**, Sutcliffe, J., McLaren, C., Swann, C., Schweickle, M. J., Miller, A., & Bruner, M. W. (conditional acceptance, pending minor revisions). Self-determined motivation, social identification, and the mental health of adolescent male team sport participants.
2. Bruner, M. W., McLaren, C., Swann, C., Schweickle, M. J., Miller, A., **Benson, A. J.**, Gardener, L. A., Sutcliffe, J., & Vella, S. A. (revise and resubmit, 1st round). Exploring the role of social support on social identity in adolescent male athletes.
3. Godfrey, M., & **Benson, A. J.** (under review). Seeds of doubt: How mentorship initiation influences reflected appraisals of prospective mentoring relationships.

Books

1. Eys, M. A., Evans, M. B., & Benson, A. J. (anticipated to be published June, 2020). *Group dynamics in sport (5th Ed.)*. Morgantown, WV: West Virginia University Publishing.

Book Chapters

1. Bruner W. M., Martin, L. J., Evans, M. B., & **Benson, A. J.** (accepted). Youth development through sport. In S. A. Haslam, K. Fransen, & F. Boen (Eds.), *Sport & exercise psychology: The social identity approach*. Sage Publishing.
2. Hardy, J., **Benson, A. J.**, & Boulter, M. (accepted). Putting the I in team: Personality and team effectiveness in sport. In H. Manly & R. Roberts (Eds.), *Encyclopaedia of sport psychology*. International Society of Sport Psychology
3. Crozier, A. J., & **Benson, A. J.** (accepted). Group norms in youth sport. In M. W. Bruner, M. Eys, & L. Martin (Eds.), *Group dynamics in youth sport*. Elsevier.
4. **Benson, A. J.**, & Jordan, C.H. (2018). Narcissistic followership. In A. Hermann, Brunell, & J. Foster (Eds.), *Trait narcissism: Key advances, research methods, and controversies*. Springer Publishing Company. https://doi.org/10.1007/978-3-319-92171-6_44

5. Eys, M. A., Surya, M., & **Benson, A. J.** (2017). Communicating within sport teams. In B. Jackson, & J. Dimmock (Eds.), *Persuasion and communication in sport, exercise and physical activity* (pp. 217-232). Oxford: Routledge.
6. **Benson, A. J.**, Surya, M., & Eys, M. A. (2015). The dynamic management of athletes' role expectations. In P. Davis (Ed.), *The psychology of effective coaching and management* (203-216). Hauppauge, NY: Nova Science Publishers, Inc.
7. Eys, M. A., Schinke, R. J., Surya, M., & **Benson, A. J.** (2014). Role perceptions in sport groups. In M. Beauchamp, & M. Eys (Eds.), *Group dynamics advances in sport and exercise psychology: Contemporary themes* (2nd edition) (pp. 131-146). Oxford: Routledge.
8. **Benson, A. J.**, Surya, M. W., & Eys, M. A. (2013). Conceptual advances in role perceptions in sport. In, C. Moheyedinni. (Ed.), *Conceptual advances in the psychology of sports and exercise* (pp. 3-14). Hauppauge, NY: Nova Science Publishers, Inc.

Dictionary Entries

1. Godfrey, M., & **Benson, A. J.** (2019). Athletic identity. In D. Hackfort, R. Schinke, B. Strauss (Eds.), *Dictionary of Sport Psychology: Sport, Exercise, and Performing Arts*. Elsevier Inc.

CONFERENCE PRESENTATIONS

*Published abstracts include journal citation

Verbal

1. **Benson, A. J.**, Martin, L. J., Herbison, J. D., Slatcher, R., Boardley, I., Sutcliffe, J., McLaren, C., Carré, J., Côté, J., & Bruner, M. W. (2019, October). The reinforcing nature of social identity-driven processes: Evidence using the EAR methodology and a multilevel approach. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium to be conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
2. Herbison, J. D., Martin, L. J., Slatcher, R., Boardley, I., **Benson, A. J.**, Sutcliffe, J., McLaren, C., Carré, J., Côté, J., & Bruner, M. W. (2019, October). The Electronically Activated Recorder (EAR): A novel approach for examining social environments in youth sport. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium to be conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
3. McLaren, C., Boardley, I., Martin, L. J., Herbison, J. D., Slatcher, R., **Benson, A. J.**, Sutcliffe, J., Carré, J., Côté, J., & Bruner, M. W. (2019, October). Social network structure

- and moral behaviour: The mediating effect of social identity. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium to be conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
4. Carré, J., Geniole, S. N., Martin, L. J., Herbison, J. D., Slatcher, R., Boardley, I., **Benson, A. J.**, McLaren, C., Sutcliffe, J., Côté, J., & Bruner, M. W. (2019, October). Social identity and cortisol responses to competition in male competitive youth hockey players. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium to be conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
 5. Caron, J. G., **Benson, A. J.**, Steins, R., McKenzie, L., Bruner, M. W. (2019, July). The social dynamics of post-concussion return to sport experiences: An integrated study of athlete-teammate-coach triads. Presented at the 15th European Congress of Sport & Exercise Psychology, Muenster, Germany.
 6. Bruner, M.W., Swann, C., Schwiekle, M., Miller, A., **Benson, A.**, McLaren, C., Sutcliffe, J., Vella, S. (October, 2018). Exploring the role of sport participation and social support on social identity in adolescent male athletes. *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Toronto, Ontario.
 7. Van Woezik, R., **Benson, A. J.**, Bruner, M. W. (March, 2018). Just put me in coach! Exploring how coaches manage team dynamics following injury. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
 8. McKenzie, L., Caron, J., **Benson, A. J.**, Bruner, M. W. (March, 2018). Reintegrating into the team environment following a concussion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
 9. Herbison, J., Martin, L. J., Sutcliffe, J., Coletti, J., Hallarn, J., **Benson, A. J.**, & Bruner, M. W. (March, 2018). Analysis of social-discursive interactions in youth sport using Linguistic Inquiry and Word Count software. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
 10. Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (March, 2018). Group dynamics in an elite Nordic ski team. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
 11. Graupensperger, S., **Benson, A. J.**, Evans, M. B. (October 2017). Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.

12. Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (October, 2017). Do nice coaches finish last? Exploring parental perceptions of a prospective coach. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.
13. Bruner, M. W., Martin, L. J., Evans, M. B., **Benson, A. J.**, Root, Z., Ortiz, T., Sutcliffe, J., & Carré, J. (July, 2017). Social identity and peer nominated friendship in youth sport teams. Presented at *Social Identity in Sport Conference*, Brussels, Belgium.
14. Herbison, J. D., **Benson, A. J.**, Martin, L. J., Côté, J., & Bruner, M. W. (March, 2017). The development of observational coding systems for the electronically activated recorder (EAR) in youth sport settings. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.
15. Taylor, L., **Benson, A. J.**, & Bruner, M. W. (March, 2017). An exploration of newcomer integration processes in CrossFit. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.
16. **Benson, A. J.**, & Eys, M. (October, 2016). Understanding the consequences of newcomer integration processes: A socialization perspective (Young Scientist Award). Presented at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Waterloo, Ontario.
17. **Benson, A. J.**, Bruner, M. W., & Eys, M. (October, 2016). Social identity and antisocial ingroup behaviours: The moderating role of descriptive norms. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.
18. **Benson, A. J.**, & Eys, M. (June, 2016). Pleased to meet you? The consequences of newcomer integration processes in sport teams. *Journal of Sport and Exercise Psychology*, 37 (suppl), S160. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.
19. Boroumand, S., **Benson, A. J.**, & Eys, M. (March, 2016). How status conflict undermines prosocial behaviour between teammates. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Hamilton, Ontario.
20. Surya, M., Eys, M. A., & **Benson, A. J.** (October, 2015). Incongruence in the coach-athlete relationship: Consequences for misunderstanding. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta.
21. **Benson, A. J.**, Surya, M., Eys, M. A., & Bray, S. R. (June, 2015). Disentangling how perceptions of role performance are related to role acceptance and group cohesion. *Journal of Sport and Exercise Psychology*, 37 (suppl), S93. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Portland, Oregon.

22. Eys, M. A., Surya, M., & **Benson, A. J.** (April, 2015). Threats to the psychological structure of sport teams. Presented at the Pan American Sport and Exercise Research Summit, Toronto, Ontario.
23. **Benson, A. J.**, Surya, M., Eys, M. A., & Bray, S. R. (March, 2015). Applying polynomial regression with response surface analysis to examine how perceptions of role performance influence role acceptance and cohesion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Ottawa, Ontario.
24. **Benson, A. J.**, Hardy, J., & Eys, M. A. (2014). The context-embedded nature of followership. Presented at the Canadian Society for *Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
25. Webster, L., **Benson, A. J.**, Hardy, J., & Roberts, R. (October, 2014). Competing for the spotlight: The interactive effect of leader and follower narcissism on group goal commitment. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
26. Surya, M., Eys, M. A., & **Benson, A. J.** (October, 2014) The correlates of role satisfaction. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
27. **Benson, A. J.**, Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (March, 2014). Embracing athletic identity in the face of threat. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.
28. Siska, P., **Benson, A. J.**, Eys, M. A., & Slepicka, P. (March, 2014). A longitudinal examination of team cohesion and team success in elite youth sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.
29. **Benson, A. J.**, & Eys, M. A. (June, 2013). Delineating the socialization strategies used in sport teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S78. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana.
30. **Benson, A. J.**, Surya, M., Balish, S.M., & Eys, M. A. (2013, June). Exploring the Influence of Injury on Group Processes in Sport Teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S77. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana, United States.
31. **Benson, A. J.**, & Eys, M. A. (March, 2013). Coaches' perspectives on socialization strategies used in sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.

32. Surya, M., **Benson, A. J.**, & Balish, S., & Eys, M. A. (March, 2013). Exploring the influence of injury on group processes in basketball. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.
33. Murray, R. M., Evans, M. B., **Benson, A. J.**, Bray, S. R., & Eys, M. A. (March, 2013). Testing the innuendo effect in a sport context. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.
34. **Benson, A. J.**, Surya, M., McLaren, C. D. (February, 2013). Organizational socialization in sport teams. Presented at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
35. McLaren, C. D., **Benson, A. J.**, Surya, M. (February, 2013). How'd we do coach: Group and individual outcomes as they relate to the motivational climate. Presentation at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
36. Surya, M., McLaren, C. D., & **Benson, A. J.** (February, 2013). Satisfaction with interdependent role responsibilities in sport teams. Presented at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
37. **Benson, A. J.**, Surya, M., & Eys, M. A. (November, 2012). The development and salience of role responsibilities in sport teams. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.
38. **Benson, A. J.**, Eys, M. A., & Surya, M. (March, 2012). Athletes' perceptions of role acceptance in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.
39. Surya, M., Eys, M. A., & **Benson, A. J.** (March, 2012). Athletes' perceptions of role satisfaction in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.

Poster

1. Baird, N., Woodley, H. J. R., & **Benson, A. J.** (February, 2020). Where you lead, I will follow: Developing a measure and nomological network of followership motives. To be presented at the *Society for Personality and Social Psychology Preconference: Bringing intragroup processes back to social psychology*, New Orleans, Louisiana.
2. Chamberlain, J. J., **Benson, A. J.**, & Hall, C. R. (October, 2019). The relations between newcomer integration processes and youth athletes' perceptions of the group environment in competitive hockey. Poster to be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
3. Sutcliffe, J., McLaren, C., **Benson, A. J.**, Arnocky, S., Martin, L. J., Shields, C., Law, B., & Bruner, M. W. (October, 2019). Exploring the relations between competitive youth sport

parents' identity and moral intentions towards antisocial parent behaviour. Poster to be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.

4. Sutcliffe, J., **Benson, A. J.**, McLaren, C., & Bruner, M. W. (October, 2019). Part of the team: Measuring parent social identity in youth sport. Poster to be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
5. Van Woezik, R., **Benson, A. J.**, & Bruner, M. W. (October, 2019). Next one up! Exploring how coaches manage team dynamics following injury. Poster presented to be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
6. Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (October, 2019). More than just another bib: Group dynamics in an elite Nordic ski team. Poster to be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
7. Sutcliffe, J., Herbison, J. D, Martin, L. J., Slatcher, R., **Benson, A. J.**, Van Woezik, R., McLaren, C., Boardley, I., Carré, J., Côté, J., & Bruner, M. W. (October, 2019). The car ride to and from competition: Exploring parent-athlete interactions in competitive youth sport. Poster be presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia
8. Lynch, J., **Benson, A. J.**, & McGregor, A. (June, 2019). How narcissistic admiration and rivalry relate to team conflict processes. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
9. McGregor, A., **Benson, A. J.**, & Rothstein, M. (June, 2019). Psychometric analysis of the workplace team resiliency inventory. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
10. Baird, N. A., **Benson, A. J.**, & Robertson, J., & Moosavi, S. (June, 2019). Leadership on the ropes: How hostile followership affects leadership behaviour. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
11. Evans, M. B., Graupensperger, S., **Benson, A. J.**, Eys, M. A., Hastings, B., & Gottschall, J. (June, 2019). Groupness perceptions and basic needs satisfaction within fitness groups. Presented at the meeting of the *North American Society for the Psychology of Sport and Physical Activity*, Baltimore, Maryland.
12. Graupensperger, S., **Benson, A. J.**, & Evans, M. B. (April, 2018). Group-level predictors of NCAA athletes' attitudes toward risky behavior. Presented at the *Society for Behavioral Medicine*, New Orleans, LA.

13. **Benson, A. J.**, Jeschke, J., Jordan, C. H., Bruner, M. W., & Arnocky, S. (February, 2018). Will they stay or will they go? Narcissistic admiration and rivalry predict ingroup affiliation and devaluation. Presented at the *Society for Personality and Social Psychology Annual Convention*, Portland, Oregon.
14. **Benson, A. J.**, & Bruner, M. W. (September, 2017). How peer behaviours relate to adolescent social development: A daily diary approach with youth hockey teams. Presented at the *Sport Canada Research Initiative Conference*, Toronto, Ontario.
15. **Benson, A. J.**, Eys, M., & Hardy, J. (June, 2017). Challenge-oriented acts of followership as a double-edged sword in the leadership process. *Journal of Sport & Exercise Psychology*, 39 (suppl), S213. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
16. Bruner, M. W., & Benson, A. J. (June, 2017). The Social Identity Questionnaire for Sport (SIQS): The utility of a bifactor model. *Journal of Sport & Exercise Psychology*, 39 (suppl), 217. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
17. Sutcliffe, J., **Benson, A. J.**, & Bruner, M.W. (June, 2017). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Journal of Sport & Exercise Psychology*, 39 (suppl), S317. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
18. Bruner, M. W., Wilson, K. S., Boardley, I. D., **Benson, A. J.**, Sutcliffe, J., Root, Z., & Côté, J. (October, 2016). Examining the role of descriptive norms in the social identity and moral behaviour relationship in youth sport. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.
19. Bruner, M., Bailey, B., & **Benson, A. J.** (June, 2016). Understanding the influence of organizational culture on exercise adherence: A social identity perspective. *Journal of Sport and Exercise Psychology*, 37 (suppl), S164. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.
20. **Benson, A. J.**, Eys, M. A., & Irving, G. (October, 2015). Great expectations: How expected versus actual role experiences relate to perceptions of team cohesion. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta
21. **Benson, A. J.**, & Eys, M. A. (October, 2014). Examining the use of socialization tactics in team sport environments. Poster presented at the *Sport Canada Research Initiative Conference*, Kanata, Ontario.
22. Hardy, J., Arthur, C., Harding, D., **Benson, A. J.**, Williams, C., Meaton, J., Buabon, M., Larkin, L. (October, 2014). Role conflict and performance: An elusive association?

Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

23. **Benson, A. J.**, & Eys, M. A. (October, 2013). Toward a theory of organizational socialization in sport. Poster presented at the Sport Canada Research Initiative Conference, Kanata, Ontario.
24. **Benson, A. J.**, Eys, M. A., & Surya, M. (November, 2012). Athletes' perceptions of role acceptance in sport teams. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.
25. **Benson, A. J.**, Surya, M., Eys, M. A., Bray, S. R., & Brawley, L. R. (October, 2011). A preliminary examination of the correlates of role satisfaction. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba.
26. Surya, M., **Benson, A. J.**, Eys, M. A., & Bray, S. R. (October, 2011). Role satisfaction: A proposed conceptualization for sport. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba

Invited Talks

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| 2019 | Aboriginal Sport Circle | <i>Presented preliminary findings of the socio-demographic survey from the National Aboriginal Hockey Championships on behalf of the Indigenous Hockey Research Network</i> |
| 2018 | Western University | Academic panelist discussing life as an academic. <i>Presented at IO/OB student conference as part of a four-person academic panel, London, Ontario.</i> |
| 2018 | Western University | Academic panelist discussing life as an academic. <i>Presented at Health/Medical Sciences career panel, hosted at Western University.</i> |
| 2018 | Disrupt HR | The rise and fall of narcissistic leaders. <i>Presented at Disrupt HR, London, Ontario.</i> |
| 2018 | Western University | Narcissism in the workplace: Entitled, self-absorbed, and ready to lead. <i>Presented as part of the "Science of Being Human" lecture series, London, Ontario.</i> |
| 2018 | Western University | Can't we all just get along? Integrating qualitative research into a broader program of research. <i>Presented to the Industrial/Organizational psychology graduate seminar, London, Ontario.</i> |
| 2016 | Wilfrid Laurier University | Navigating grad school: Tales from a recent graduate. <i>Presented to Kinesiology and Physical Education graduate seminar</i> |

Non-Peer Reviewed Reports

Benson, A. J., & Eys, M. A. (2015). Examining the use of socialization tactics in sport team environments, prepared for Sport Canada as a knowledge Translation paper.

Benson, A. J., Surya, M., & Eys, M. A. (2015). Report on 2015 team member engagement survey, prepared on behalf of Schlegel Villages. *1- 37.*

Surya, M., **Benson, A. J.,** & Evans, M. (2014). Report on role responsibilities, prepared on behalf of Schlegel Villages. *1-10.*

Surya, M., **Benson, A. J.,** Evans, M. (2014). Report on 2014 team member engagement survey, prepared on behalf of Schlegel Villages. *1-11.*

Evans, B., Surya, M., & **Benson, A. J.** (2013) Initial statistical report on member engagement data, prepared on behalf of Schlegel Villages. *1-20.*

Eys, M. A., **Benson, A. J.,** & Surya, M. (2013). Blueprint for physical activity: A report to the Waterloo Region Active Living Network. *1-65.*

TEACHING EXPERIENCE

Course Instructor

2019	Western University	Psychology 2061a-001: Psychology at Work Psychology 4690G-001: Special topics in I/O Psychology: The Psychology of Status and Power in Organizations
2018	Western University	Psychology 2061a-001: Psychology at Work Psychology 9650: Advanced Topics in Psychology: Status and Power in Organizations
2017	Western University	Psychology 2061a-001: Psychology at Work
2016	Nipissing University	PHED2026a: Psychology of Physical Activity PHED2026b: Psychology of Physical Activity
2015	Wilfrid Laurier University	KP622: Advanced Research Design
2015	Resurrection Catholic Secondary School	Applied Sport Psychology Module (grades 9-12)

Lab Instructor

2016	Wilfrid Laurier University	PS296: Introduction to Statistics
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Courses Assisted

2013	Wilfrid Laurier University	PS286: Introduction to Sport Psychology PS270: Introduction to Social Psychology PS380: Research Seminar in Social Psychology
2012	Wilfrid Laurier University	KP210: Introduction to Sport Psychology

2011	Wilfrid Laurier University	KP211: Introduction to Sociology Aspects of Sport KP122: Biodynamic Aspects of Physical Activity
2010	Wilfrid Laurier University	KP410: Advanced Psychology of Physical Activity

STUDENT SUPERVISION

***All students supervised at Western University unless noted otherwise

Principle Advisor - Current

2019-	Lynden Jensen (PhD 1)
2019-	Jennifer Lynch (MSc 1)
2019-	Zhou Li (MSc 1)
2018-	Alexander McGregor (PhD 2)
2017-	Noelle Baird (MSc, PhD 1)
2017-2019	Jeffrey Chamberlain (MSc 2)

Mitacs Internship Supervision

2018-2019	Noelle Baird, Mitacs Accelerate Internship
2017-2018	Julia McMenamin, Mitacs Accelerate Internship

PhD Senate Defense Committee Member

2018	Rhonda Balzarini
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PhD Departmental Examination Committee Member

2018	Kevin Doyle
2018	Rhonda Balzarini

Doctoral Advisory Committee Member

2019-	Kyle Cameron
2019-	Natasha Ouslis
2019-	Matthew Brown
2019-	Jordan Herbison (Queen's University)
2019-	Kabir Daljeet
2018-	Julia McMenamin
2018-	Paolo Palma
2018-	Brittney Anderson
2018-	Rebecca Koessler

PhD Comprehensive Examination Committee Member

2019-	Rebecca Koessler
2019-	Laura Johnson
2019-	Christopher Kowalski
2019	Matthew Brown

2018 Alexa Clerk

Master's Thesis Examination Committee Member

2019 Trevor Coppins
2019 Kunio Hessel
2019 Eva Kwan
2019 Lynden Jensen
2019 Margaret Head
2018 Alexander McGregor
2018 Natasha Ouslis

Master's Thesis Advisory Committee Member

2018-2019 Eva Kwan
2018-2019 Kunio Hessel
2018-2019 Christopher Sciberas
2018-2019 Margaret Head
2017-2018 Alexander McGregor

Undergraduate Thesis Supervision

2018-2019 Jennifer Lynch
2017-2018 Andrada Balanean
2017-2018 Marcus Gottlieb
2017-2018 Jessica Jeshcke
2016-2017 Laura McKenzie (Nipissing University)
2016-2017 Lauren Taylor (Nipissing University)
2015-2016 Suzanne Boroumand (Wilfrid Laurier University)
2012-2013 Ross Murray (Wilfrid Laurier University)

Independent Study Supervision

2018 Esti Azizi

SERVICE

Institutional

2019 Doctoral SSHRC departmental evaluation committee
2018-2019 Undergraduate affairs committee
Annual performance evaluation committee
Planning committee for the development of the one-year MA in Policy and Social Science Research
Faculty of Engineering, Faculty council, Social Science representative

- Coordinator for I/O area graduate student interview day
- 2018 Evaluator for Western National Scholarship Program
- 2014-2015 Member of Mental Health Task Force (Wilfrid Laurier University)
- 2015-2016 Graduate Student Association Representative (Wilfrid Laurier University)

Guest Reviewer

Athletic Insight (1), Aggressive Behavior (2), Communication & Sport (1), European Sport Management Quarterly (1), INGRoup conference (1), International Journal of Sport & Exercise Psychology (3), Journal of Applied Sport Psychology (4), Journal of Science and Medicine in Sport (1), Journal of Sport & Exercise Psychology (5), Journal of Sport Psychology in Action (2), PLOS ONE (1), Psychology of Sport & Exercise (19), Qualitative Research in Sport, Exercise, and Health (1), Scandinavian Journal of Medicine and Science in Sport (3), Sport, Exercise and Performance Psychology (12), Social Inclusion (1). Reviewed conference abstracts for 15th European Congress of Sport & Exercise Psychology

Community Outreach and Consulting

- 2013-2016 Organizational Consultant, Schlegel Villages
- 2013 Research Consultant, Waterloo Region Active Living Network
- 2011 Conference Organization Committee Members, Wilfrid Laurier University
Eastern Canadian Sport and Exercise Psychology Symposium

Applied Workshops

Benson, A. J. (2016-2017, November-January). Psychological skills for elite youth athletes. Tailored lectures presented to multiple age groups for the North Bay Trappers AAA Hockey Organization, North Bay, Ontario.

Eys, M.A., Surya, M., & **Benson, A. J.** (May, 2013). The blueprint for physical activity action for Waterloo Region. Lecture presented to the 'Engagement is Good for your Health Workshop', Waterloo Memorial Recreation Complex, Waterloo, Ontario, Canada.

PROFESSIONAL ORGANIZATIONS AND MEMBERSHIPS

Canadian Psychological Association
Society for Personality and Social Psychology
Canadian Society for Psychomotor Learning and Sport Psychology
North American Society for the Psychology of Sport and Physical Activity