

Curriculum Vitae

M. BLAIR EVANS

Western University, Department of Psychology
Social Science Centre

London, Ontario, Canada, N6A 5C2

phone: (519) 661-2111, ext 84663 • e-mail: mevan3@uwo.ca

ORCID ID: orcid.org/0000-0003-0668-4928

Education

- Ph.D.**, Social Psychology, Wilfrid Laurier University 2014
Topic: Teammate interdependence and interpersonal influence in individual sport
Supervisor: Mark A. Eys, Ph.D.
- Masters of Arts**, Kinesiology and Physical Activity, University of Lethbridge 2010
Topic: Temporal analysis of endurance athletes' coping during competitive suffering
Supervisor: Sharleen D. Hoar, Ph.D.
- Bachelor of Arts (Honours)**, Sport Psychology, Laurentian University 2008

Academic Employment

- Assistant Professor, Western University (Ontario)** 2020-current
Department of Psychology
- Assistant Professor**, Penn State University 2015-2020
Department of Kinesiology
- Post-Doctoral Fellow and Adjunct Professor**, Queen's University 2014-2015
School of Kinesiology & Health Studies

Teaching Experience

- Instructor**, Department of Psychology, Western University 2020+
Psychology 2990 – Applications of Psychology (taught once)
- Instructor**, Department of Kinesiology, Penn State University 2015-2020
KINES 429 – Psychology of Sport Performance (taught twice)
KINES 421 – Exercise Psychology - advanced (taught once)
KINES 321 – Psychology of Movement Behavior (taught 6 times)
KINES 430W – Group Dynamics in Sport Teams and Exercise Groups (taught twice)
KINES 597 – Systematic Reviews in Movement Science (taught twice)

Instructor , Psychology Department, Wilfrid Laurier University PS 286 – Sport Psychology PS 285 – Health Psychology PS 272 – Group Processes	2013-2014
Teaching Assistant , Psychology Department, Wilfrid Laurier University PS 286 – Sport Psychology PS296/PS297 – Research Methodology PS 374 – Applied Social Psychology	2010-2013
Teaching Assistant , Kinesiology Department, University of Lethbridge KNES 4850 – Advanced Sport Psychology KNES 2200 – Research Methodologies in Physical Activity KNES 3680 – Introduction to Sport Psychology	2008-2010

Awards

Teaching Excellence Award, College of Health and Human Development, Penn State, 2018

Outstanding Reviewer of the Year Award, Sport, Exercise, and Performance Psychology, 2017

Certificate of Academic Excellence (Doctoral Dissertation), Canadian Psychological Association, 2015

Doctoral Medal of Academic Excellence (Faculty of Science) for outstanding doctoral dissertation, Wilfrid Laurier University, Fall 2014

Outstanding Student Paper Award, North American Society for the Psychology of Sport and Physical Activity, 2013 (\$1350.00)

Doctoral Scholarship, Social Sciences and Humanities Research Council of Canada, 2013 (\$20,000.00)

Ontario Graduate Scholarship(s), Province of Ontario, 2011, 2013 (\$30,000.00)

Research Contributions

underlined authors = student mentees directly supervised, or co-supervised, when research was conducted

Journal Articles

1. West, A. B., Bittel, K., Russell, M. A., **Evans, M. B.**, Mama, S. K., & Conroy, D. E. (*Accepted*). Physical activity, sedentary behavior and substance use in adolescents and emerging adults: A systematic review. *Translational Behavioral Medicine*.

2. Silva, E., Lefebvre, J. S., **Evans, M. B.**, & Côté, J. (*Accepted*). A systematic review of Intrapersonal Coach Development Programs: Examining the development and evaluation of programs to elicit coach reflection. Submitted to *International Journal of Sports Science & Coaching*.
3. Graupensperger, S., Turrisi, R., Jones, D., **Evans, M. B.** (2020). Dynamic characteristics of groups and individuals that amplify adherence to perceived drinking norms in college club sport teams: A longitudinal multilevel investigation. *Psychology of Addictive Behaviors*. Advance Online Publication. Doi: 10.1037/adb0000654
4. Graupensperger, S., Panza, M. J., Budziszewski, R., & **Evans, M. B.** (2020). Growing into 'us': Trajectories of social identification with college sport teams predicts subjective well-being. *Applied Psychology: Health and Wellbeing*. Online First Publication. Doi: 10.1111/aphw.12207.
5. Leonard, K. S., **Evans, M. B.**, Kjerulff, K. H., & Symons Downs, D. (2020). Postpartum perceived stress explains the association between perceived social support and depressive symptoms. *Women's Health Issues*, 30, 231-239.
6. Panza, M., Graupensperger, S., Agans, J., Vella, S., Dore, I., & **Evans, M. B.** (2020). Adolescent sport participation and symptoms of anxiety and depression: a systematic review and meta-analysis. *Journal of Sport and Exercise Psychology*, 42, 201-218.
7. Graupensperger, S., Panza, M., & **Evans, M. B.** (2020). Network centrality, group density, and strength of social identification in college club sport teams. *Group Dynamics: Theory, Research, & Practice*, 24, 59-73.
8. Allan, V., **Evans, M. B.**, Côté, J., & Latimer-Cheung, A. (2020). From the athletes' perspective: a social-relational understanding of how coaches shape the disability sport experience. *Journal of Applied Sport Psychology*. doi: 10.1080/10413200.2019.1587551
9. **Evans, M. B.**, Vierimaa, M., Budziszewski, R., & Graupensperger, S. A. (2020). Coach expectations and athlete lay beliefs: Interactions when predicting adolescent athletes' enjoyment and intentions to return. *Journal of Applied Sport Psychology*, 32, 416-428.
10. Graupensperger, S. A., Sweet, S. M., & **Evans, M. B.** (2020). Multimorbidity of overweight and obesity alongside anxiety and depressive disorders in individuals with spinal cord injury. *Journal of Spinal Cord Medicine*. doi: 10.1080/10790268.2018.1507801
11. Orr, K., **Evans, M. B.**, Tamminen, K., & Arbour-Nicitopoulos, K. (2020). A scoping review of recreational sport programs for disabled emerging adults: Part I, peer reviewed literature. *Research Quarterly for Exercise and Sport*, 91, 142-157.

12. Shirazipour, C. H., **Evans, M. B.**, Leo, J., Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2020). Program conditions that foster quality physical activity participation experiences for people with a physical disability: a systematic review. *Disability and Rehabilitation*, 42, 147-155.
13. Graupensperger, S. A., Wilson, O., **Evans, M. B.**, & Bopp, M. (2020). Longitudinal association between alcohol use and physical activity in US college students: Evidence for directionality. *American Journal of College Health*, 68, 155-162.
14. Graupensperger, S., Turrisi, R., Jones, D., **Evans, M. B.** (2020). Longitudinal associations between perceptions of peer group drinking norms and students' alcohol use frequency within college sport teams. *Alcoholism: Clinical and Experimental Research*, 44, 541-552. [**Identified as an article of public interest by the journal]
15. Petersen, B., Eys, M. A., Watson, K., & **Evans, M. B.** (2019). Taking stock of youth sport group dynamics research: A scoping review. *Kinesiology Review*, 8, 260-268.
16. Benson, A. J., Azizi, E., **Evans, M. B.**, Bray, S., & Eys, M. A. (2019). How innuendo shapes impressions of task and intimacy groups. *Journal of Experimental Social Psychology*, 85, 103854.
17. Graupensperger, S., Benson, A., Bray, B. C., & **Evans, M. B.** (2019). Individual and group-level predictors of NCAA athletes' attitudes toward health-risk behaviors. *Journal of Science and Medicine in Sport*. 22, 1280-1286.
18. **Evans, M. B.**, Graupensperger, S. A., Benson, A. J., Eys, M. A., Gottschall, J. S., & Hastings, B. (2019). Groupness perceptions and basic needs satisfaction within fitness groups. *Group Dynamics: Theory, Research, & Practice*, 23, 170-184.
19. Graupensperger, S. A., Corey, J. J., Turrisi, R. J., & **Evans, M. B.** (2019). Individuals with spinal cord injury have greater odds of substance use disorders than able-bodied comparisons. *Drug and Alcohol Dependence*, 205, 107608.
20. Graupensperger, S. A., Benson, A. J., Eys, M. A., Gottschall, J. S., Hastings, B., & **Evans, M. B.** (2019). Perceptions of groupness during group fitness: A between- and within-person examination. *Sport, Exercise, and Performance Psychology*, 8, 290-304.
21. Robertson, M., Hague, C., Martin, L. J., & **Evans, M. B.** (2019). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? *Psychology of Sport and Exercise*, 45, 101559.
22. Wilson, O. W. A., Graupensperger, S. A., Bopp, M. J., **Evans, M. B.**, Duffey, M. L., Papalia, Z. (2019). College student physical activity and fruit and vegetable consumption: A longitudinal study. *Journal of Physical Activity and Health*, 16, 274-280.

23. **Evans, M. B.**, Shanahan, E., Leith, S., Litvak, N., & Wilson, A. E. (2019). Living for today or tomorrow? Self-regulation amidst proximal or distal exercise outcomes. *Applied Psychology: Health and Well-being*, 11, 304-327.
24. **Evans, M. B.**, Graupensperger, S. A., Benson, A. J., Eys, M. A., Gottschall, J. S., & Hastings, B. (2019). Group structure and entitativity in exercise: considering within- and between-group perceptions of groupness. *Psychology & Health*, 34, 715-732.
25. **Evans, M. B.**, McLaren, C., Budziszewski, R., & Gilchrist, J. (2019). When a sense of 'we' shapes the sense of 'me': Exploring how running groups impact role identities and behavior. *Self and Identity*, 3, 227-246.
26. Rodrigues, A., **Evans, M. B.**, & Galatti, L. (2019). Peer connections, social identity, and motivation 'on the mat': Social network analysis within Brazilian Jiu-Jitsu. *Psychology of Sport & Exercise*, 40, 127-134.
27. Graupensperger, S. A., Benson, A., & **Evans, M. B.** (2018). Everyone else is doing it: The association between social identity and susceptibility to peer influence in NCAA athletes. *Journal of Sport & Exercise Psychology*, 40, 117-127.
28. Donkers, J., Martin, L. J., & **Evans, M. B.** (2018). Psychological collectivism in individual youth sports settings. *International Journal of Sport and Exercise Psychology*, 16, 285-299.
29. Graupensperger, S. A., Jensen, C. J., & **Evans, M. B.** (2018). A meta-analytic review of studies using the prosocial and antisocial behavior in sport scale: Similarities and differences in how young athletes treat teammates and opponents. *Sport, Exercise, and Performance Psychology*, 7, 186-204.
30. **Evans, M. B.**, Shirazipour, C., Zanhour, M., Allan, V., Sweet, S. N., Martin Ginis, K. A., & Latimer-Cheung, A. (2018). Integrating insights from the parasport community to understand optimal experiences: The Quality Parasport Participation Framework. *Psychology of Sport and Exercise*, 37, 79-90.
31. Hancock, D., Martin, L. J., **Evans, M. B.**, & Paradis, K. (2018). Exploring perceptions of group processes inherent in ice hockey officiating. *Journal of Applied Sport Psychology*, 30, 222-240.
32. Martin Ginis, K. A., **Evans, M. B.**, Mortenson, W. B., Noreau, L. (2017). Broadening the conceptualization of 'Participation' of persons with physical disabilities: A configurative review and recommendations. *Archives of Physical Medicine and Rehabilitation*, 98, 395-402.
33. McCalpin, M. M., **Evans, M. B.**, & Côté, J. (2017). Young female soccer players' perceptions of their modified sport environment. *The Sport Psychologist*, 31, 65-77.

34. **Evans, M. B.**, Allan, V., Erickson, K., Martin, L. J., Budziszewski, R., & Côté, J. (2017). Are all sport activities equal? A systematic review of how youth psychosocial experiences vary across differing sport activities. *British Journal of Sports Medicine*, *51*, 169-176.
35. Shirazipour, C. H., **Evans, M. B.**, Caddick, N., Smith, B., Aiken, A. A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2017). Understanding a quality sport experience: Exploring perspectives of veterans with a physical disability. *Psychology of Sport & Exercise*, *29*, 40-50.
36. Lefebvre, J. S., **Evans, M. B.**, Turnnidge, J., Gainforth, H. L., & Côté, J. (2016). Describing and classifying coach development programs: A synthesis of empirical research and applied practice. *International Journal of Sports Science & Coaching*, *11*, 887–899.
37. **Evans, M. B.**, Adler, A., MacDonald, D. J., & Côté, J. (2016). Bullying victimization and perpetration among adolescent sport teammates. *Pediatric Exercise Science*, *28*, 296-303.
38. Martin, L. J., **Evans, M. B.**, & Spink, K. S. (2016). Coaches' perceptions of cliques in sport: Theoretical framework of emergence, management, and outcomes of cliques. *Sport, Exercise, and Performance Psychology*, *5*, 52-66.
39. Benson, A. J., **Evans, M. B.**, & Eys, M. A. (2016). Organizational socialization in team sport environments. *Scandinavian Journal of Medicine and Science in Sports*, *4*, 463-473.
40. **Evans, M. B.**, McGuckin, M., Gainforth, H., Bruner, M. W., & Côté, J. (2015). Informing programs to improve interpersonal coach behaviours: A systematic review using the RE-AIM framework. *British Journal of Sport Medicine*, *49*, 871-877.
41. Benson, A. J., **Evans, M. B.**, Surya, M., Martin, L. J., & Eys, M. A. (2015). Embracing athletic identity in the face of threat. *Sport, Exercise, and Performance Psychology*, *4*, 303-315.
42. Bruner, M. W., Eys, M. A., **Evans, M. B.**, & Wilson, K. (2015). Interdependence and social identity in youth sport teams. *Journal of Applied Sport Psychology*, *27*, 351-358.
43. **Evans, M. B.**, & Eys, M. A. (2015). Collective goals and shared tasks: Interdependence structure and perceptions of individual sport team environments. *Scandinavian Journal of Medicine and Science in Sports*, *25*, e139–e148.
44. Eys, M. A., Ohlert, J., **Evans, M. B.**, Wolf, S. A., Martin, L., Van Bussel, M., & Steins, C. (2015). Cohesion and performance for male and female sport teams. *The Sport Psychologist*, *29*, 97 -109.

45. Martin, L. J., Wilson, J., **Evans, M. B.**, & Spink, K. S. (2015). Cliques in sport: Perceptions of intercollegiate athletes. *The Sport Psychologist*, 29, 82-95.
46. Wolf, S. A., **Evans, M. B.**, Laborde, S., & Kleinert, J. (2015). Assessing what generates precompetitive emotions: Development of the Precompetitive Appraisal Measure. *Journal of Sport Science*, 33, 579-587.
47. Côté, J. & Turnnidge, J. & **Evans, M. B.** (2015). The dynamic process of development through sport. *Kinesiology Slovenica*, 20, 14-16.
48. **Evans, M. B.**, Cooke, L. M., Murray, R. A., & Wilson, A. E. (2014). The sooner, the better: Temporally proximal exercise outcomes and intrinsic motivation. *Applied Psychology: Health and Well-being*, 6, 347-361.
49. **Evans, M. B.**, & Wilson, A. E. (2014). Subjective temporal proximity to future selves moderates the link between exercise intentions and behavior. *Sport, Exercise, and Performance Psychology*, 3, 184-190.
50. **Evans, M. B.**, Hoar, S. D., Gebotys, R., & Link, C. A. (2014). Endurance athletes' coping efforts during competitive suffering. *European Journal of Sport Science*, 14, 368-375.
51. **Evans, M. B.**, Benson, A. J., Mitchell, T. M., Robertson-Wilson, J., & Eys, M. A. (2013). An exploration of municipal active living charter development and advocacy. *Health and Fitness Journal of Canada*, 6, 101-115.
52. Eys, M. A., Jewitt, E., **Evans, M. B.**, Wolf, S. A., Bruner, M. W., & Lougheed, T. M. (2013). Coach initiated motivational climate and cohesion in youth sport. *Research Quarterly for Exercise and Sport*, 84, 373-383.
53. **Evans, M. B.**, Eys, M. A., & Wolf, S. A. (2013). Exploring the nature of interpersonal influence in elite individual sport teams. *Journal of Applied Sport Psychology*, 25, 448-462.
54. Martin, L., Paradis, K., Eys, M. A., & **Evans, M. B.** (2013). Cohesion in sport: New directions for practitioners. *Journal of Sport Psychology in Action*, 4, 14-25.
55. **Evans, M. B.**, Eys, M. A., & Bruner, M. W. (2012). Seeing the 'we' in 'me' sports: The need to consider individual sport team environments. *Canadian Psychology*, 53, 301-308.
56. Hoar, S. D., **Evans, M. B.**, & Link, C. A. (2012). How do masters athletes cope with pre-competitive stress at a "Senior Games"? *Journal of Sport Behavior*, 35, 181-203.

Manuscripts under review

1. Saizew, K., **Evans, M. B.**, Allan, V., & Martin, L. (Under review). A season-long examination of team structure and its implications for subgroups in individual sport.
2. McGuire, C., **Evans, M. B.**, & Martin, L. (Under Review). Perceiving and experiencing subgroups in sport: a conceptual and qualitative approach.
3. Panza, M., Redman, G., Vella, S., Vierimaa, M., Bopp, M., & **Evans, M. B.** (Under review). Evaluating a mental health literacy program involving adolescent sport team processes..
4. Hancock, D., Paradis, K., **Evans, M. B.**, & Martin, L. (Under review). Evaluating group cohesion within the context of hockey officiating. Submitted to the *Journal of Sports Sciences*.
5. Corey, J., Shirazipour, C., Fricke, M., & **Evans, M. B.** (Under Review). Examining the role of physical therapists in promoting physical activity through community programs for individuals with disabilities.
6. Leonard, K., Oravec, Z., Smyth, J., **Evans, M. B.**, & Downs, D. S. (*Under review*). Effect of technology-supported interventions on prenatal gestational weight gain, physical activity, and healthy eating behaviors: A comprehensive review.
7. Orr, K., Tamminen, K. A., **Evans, M. B.**, & Arbour-Nicitopoulos, K. P. (*Under Review*). Peer influences in recreational sport programs for emerging adults with disabilities: A mixed methods approach.
8. Graupensperger, S., Benson, A., Kilmer, J., & **Evans, M. B.** (*Under Review*). Social (un)distancing: Teammate interactions, athletic identity, and mental health of student-athletes during the COVID-19 pandemic.

Books

1. Eys, M. A., Benson, A., & **Evans, M. B.** (2020). *Group Dynamics in Sport (5th edition)*. FiT publishing.

Book Chapters

1. Kim, J., Panza, M. J., & **Evans, M. B.** (invited). Group dynamics. In Z. Zenka & L. Jones (Eds.) *Exercise and Sport Psychology: An Online Textbook*.
2. **Evans, M. B.**, Wolf, S. A., & Graupensperger, S. A. (2020). Group cohesion and team building within sport and exercise. In D. Hackfort and R. Schinke (Eds.) *Routledge International Encyclopedia of Sport and Exercise Psychology*. London, UK: Routledge.

3. Bruner, M. W., Martin, L. J., **Evans, M. B.**, & Benson, A. J. (2020). Youth development through sport. In K. Fransen, A. Haslam, & F. Boen (Eds.) *Social identity in sport*. London, UK: Routledge.
4. **Evans, M. B.**, Arbour-Nicitopoulos, K., & Graupensperger, S. (2020). Disability sport peer environments. In M. W. Bruner, M. A. Eys, and L. Martin (Eds.) *The Ties that Bind: Exploring the Power of Groups in Youth Sport*. London, UK: Elsevier.
5. Vella, S., Liddle, S., Vierimaa, M., & **Evans, M. B.** (2020). Group dynamics and mental health in organised youth sports. In M. W. Bruner, M. A. Eys, and L. Martin (Eds.) *The Ties that Bind: Exploring the Power of Groups in Youth Sport*. London, UK: Elsevier.
6. Eys, M. A., & **Evans, M. B.** (2018). Group dynamics in sport, exercise, and physical activity contexts. In T. Horn and A.L. Smith (Eds.) *Advances in sport and exercise psychology (4th ed.)*. Champaign, IL: Human Kinetics.
7. Côté, J., Allan, V., Turnnidge, J., Vierimaa, M., & **Evans, M. B.** (2018). The talent lifecycle. In T. Horn and A.L. Smith (Eds.) *Advances in sport and exercise psychology (4th ed.)*. Champaign, IL: Human Kinetics.
8. Côté, J., & **Evans, M. B.** (2017). Exercise Science. In B. Hopkins, E. Geangu, & S. Linkenauger (Eds.), *The Cambridge Encyclopedia of Child Development* (2nd ed.). Cambridge, UK: Cambridge University Press.
9. Turnnidge, J., **Evans, M. B.**, Vierimaa, M., Allan, V., & Côté, J. (2016). Coaching for Positive Youth Development. In N.L. Holt (Ed.), *Positive youth development through sport (2nd ed.)*. London, UK: Routledge.
10. Vierimaa, M., Turnnidge, J., **Evans, M. B.**, & Côté, J. (2016). Observation Tools and Analysis Techniques used in Coaching Research. In P. A. Davis, *The Psychology of Effective Coaching and Management*. Hauppauge, NY: Nova Science Publishers.
11. **Evans, M. B.**, Allan, V., Vierimaa, M., & Côté, J. (2016). Sport parent roles in fostering positive youth development. In S. Dagkas & L. Burrows, *Families, Young People, Physical Activity and Health: Critical Perspectives*. London, UK: Routledge.
12. Eys, M. A., Burke, S. M., Dennis, P., & **Evans, M. B.** (2015). The sport team as an effective group. In J. M. Williams & V. Krane (Eds.), *Applied sport psychology: Personal growth to peak performance (7th ed.)*. New York, NY: McGraw-Hill.
13. **Evans, M. B.**, Eys, M. A., Bruner, M. W., & Kleinert, J. (2014). Building cohesive groups. In A. Papaioannou & D. Hackfort (Eds.). *Routledge companion to sport and exercise psychology: Global perspectives and fundamental concepts*. Oxford, UK: Taylor & Francis.

14. Hoar, S. D., & **Evans, M. B.** (2010). Athletes' coping across the lifespan. In A. R. Nicholls (Ed.), *Coping in sport: Theory, methods, and related constructs*. Hauppauge, NY: Nova Science Publishers.

Dictionary or Reference Entries

1. Entries within D. Hackfort, R. Schinke, & B. Strauss (*In press*). *International Dictionary of Sport Psychology*. Amsterdam, NL: Elsevier.
 - *Entries for 'Group Environment Questionnaire, Team communication, Team unity, Team status, and Roles' with coauthors S. Graupensperger and L. Martin*

Conference Presentations

Symposia

1. **Evans, M. B.**, & Wolf, S. A. (2019, June). Capturing and modeling the 'I' and the Team: Individual- and group-level elements of group dynamics in sport. Symposium with four presentations and one discussant presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.

Verbal

1. Shirazipour, C., **Evans, M. B.**, Latimer-Cheung, A., & Aiken, A. (2019, October). Examining the impact of sport recovery programming on competitors of the Toronto 2017 Invictus Games. Presented at the meeting of the Canadian Institute for Military and Veteran Health Research. Ottawa-Gatineau, QC.
2. Graupensperger, S., Jones, D., Turrise, R., & **Evans, M. B.** (2019, June). Identifying predictors of adherence to team drinking norms in college club-level athletes using multilevel moderation analyses. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.
3. Graupensperger, S., Panza, M., Jones, D., Turrise, R., & **Evans, M. B.** (2019, February). Susceptibility to alcohol-related peer influence in college club sports: moderating effects of sex, social identity, centrality, and team size on adherence to team drinking norms. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, Kentucky.
4. Panza, M., Graupensperger, S., Agans, J., Vella, S., & **Evans, M. B.** (2019, February). Associations between adolescents' mental health and participation in organized sport: a systematic review and meta-analysis. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, Kentucky.
5. **Evans, M. B.**, Jasiulevicius, C., Shirazipour, C., & Belanger, J. (2018, October). Social cognitive and demographic predictors of parent-reported quality parasport participation for youth with disabilities. Presented at the National Federation of Adapted Physical Activity Symposium. Corvallis, OR, USA.

6. Robertson, M., Hague, C., **Evans, M. B.**, & Martin, L. J. (2018, October). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Toronto, ON, Canada
7. Graupensperger, S., Wilson, O. W., Papalia, Z., Duffey, M., Bopp, M., & **Evans, M. B.** (May, 2018). A Longitudinal Investigation of the Association between Alcohol Use and Physical Activity in College Students. Presented at the meeting of the Society for Prevention Research, Washington, D.C.
8. Wolf, S. A., Tjallingii, H., **Evans, M. B.** & Sylvester, B. D. (2018, June). Gathering Strength in Numbers: Team cohesion leads to increased precompetitive excitement and decreased precompetitive anxiety through greater self-efficacy. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
9. Graupensperger, S. & **Evans, M. B.** (April, 2018). Day-to-day association between alcohol use and physical activity in university students. Presented at the meeting of the Association for Clinical and Translational Science, Washington, D.C.
10. Graupensperger, S., Benson, A. J., **Evans, M. B.**, (April, 2018). Group-level predictors of NCAA athletes' attitudes toward risky behavior. Presented at the meeting of the Society for Behavioral Medicine, New Orleans, LA.
11. **Evans, M. B.**, Shirazipour, C., Zanhour, M., Allan, V., Sweet, S. N., Latimer-Cheung, A., & Martin Ginis, K. (October, 2017). Quality participation in parasport: Integrating evidence and community insights to develop a conceptualization of optimal parasport experiences. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL, Canada.
12. Allen, V., **Evans, M. B.**, Côté, J., Latimer-Cheung, A. (October, 2017). From the Athletes Perspective: How do Coaches Shape the Quality of Athletes' Experiences in Parasport. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL, Canada.
13. Graupensperger, S., Benson, A., Budziszewski, R., & **Evans, M. B.** (October, 2017). Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL, Canada.
14. Budziszewski, R., McLaren, C., Gilchrist, J., & **Evans, M. B.** (2017, February). Examining social running contexts as supports for positive running identities, motives, and behaviors. Presented at the Midwest Sport and Exercise Psychology Symposium. Detroit, MI.

15. Shirazipour, C. H., **Evans, M. B.**, Caddick, N., Smith, B., Aiken, A. A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2016, October). Understanding and fostering quality sport experiences among military veterans with a physical disability. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
16. Allan, V., Staehli, J. A., **Evans, M. B.**, Côté, J., & Latimer-Cheung, A. (2016, October). The role of parasport coaches in shaping the quality of athletes' sport experiences: Empirical findings and recommendations for practice. Presented at the Coaching Association of Canada Sport Leadership Sportif Conference, Richmond, B.C.
17. Harenberg, S., McCaffrey, R., Fitzgerald, R., **Evans, M. B.**, Willfong, F., Moisondz, K., & Michaud, C. (2016, June). Perceptions of Competition under Zero-Sum and Within-Group Conditions in a Motor Task Game. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Montreal, Qc.
18. Allan, V., Staehli, J. A., Smith, H., **Evans, M. B.**, & Côté, J. (2016, June). The dynamic influence of relationships in the development of elite individual sport athletes: A timeline approach. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Montreal, Qc.
19. Staehli, J. A., Allan, V., **Evans, M. B.**, Côté, J. (2016, March). The role of relationships in the development of elite distance runners' personal sport timelines. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Hamilton, On
20. Shirazipour, C. H., **Evans, M. B.**, Smith, B., Côté, J., Aiken, A. B., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2015, November). Exploring elements of quality sport programs for military veterans with a physical disability. Paper presentation at the 6th Annual Military and Veteran Health Research Forum, Quebec City, Qc.
21. Lefebvre, J., **Evans, M. B.**, Turnnidge, J., Gainforth, H., & Côté, J. (2015, August). Classifying coach development programs in sport: A typology integrating academic literature, grey literature, and existing coaching curriculum. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.
22. McGuckin, M., **Evans, M. B.**, Bruner, M., Gainforth, H., & Côté, J. (2015, August). A systematic review and evaluation using the RE-AIM framework within interpersonal coaching development programs. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.
23. **Evans, M. B.**, Lithopoulos, A., Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2015, August). Conceptualizing the coach role in ensuring social engagement for sport participants with a physical disability. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.

24. McCalpin, M., **Evans, M. B.**, & Côté, J. (2015, March). Exploring young female athletes' perceptions of their modified sport environment. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
25. Allan, V., **Evans, M. B.**, & Côté, J. (2015, March). Exploring sport involvement timelines of elite middle- and long-distance runners: A proposed study. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
26. McGuckin, M. E., Bruner, M. W., Côté, J., & **Evans, M. B.** (2015, March). Youth sport coaches' reflections on transformational leadership behaviors. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
27. Lefebvre, J., **Evans, M. B.**, & Côté, J. (2015, March). The influence of transformational leadership coaching behaviors on positive youth developmental outcomes. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
28. Lithopoulos, A., **Evans, M. B.**, Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. (2015, March). A proposed systematic review of outcomes resulting from quality sport participation for people with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
29. Martin, L. J., & **Evans, M. B.** (2014, October). A conceptual analysis of cliques as described by elite level coaches. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. London, On.
30. Hancock, D. J., Martin, L. J., **Evans, M. B.**, & Paradis, K. F. (2014, October). Self-identification of group characteristics amongst hockey referees. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. London, On.
31. **Evans, M. B.**, & Eys, M. A. (2014, June). Perceptions of the group environment on individual sport teams: Experimentally comparing interdependence structures. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity annual meeting, Minneapolis, MN.
32. Wilson, A. E., **Evans, M. B.**, Litvak, N., & Alisat, S. (2014, June). Psychological time and the motivation to pursue long-term goals. Invited paper presented at the annual Convention of the Canadian Psychological Association, Vancouver, B.C.
33. **Evans, M. B.**, Cooke, L. M., Murray, R. A., & Wilson, A. E. (2014, March). Focusing on proximal versus distal outcomes influences behavioral regulation for exercise. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Toronto, On.

34. **Evans, M. B.,** & Eys, M. A. (2013, October). Perceptions of the individual sport team environment are shaped by the structure of teammate interdependence. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, B. C.
35. **Evans, M. B.,** & Buehler, R. (2013, October). The frog-pond effect: Social comparisons within intercollegiate cross country running teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, B. C.
36. **Evans, M. B.,** & Buehler, R. (2013, June). The frog-pond effect: Social comparisons within intercollegiate cross country running teams. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, New Orleans, LA.
37. Murray, R. A., **Evans, M. B.,** & Cooke, L. (2013, March). Understanding the temporal nature of exercise outcome expectations. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
38. Murray, R. M., **Evans, M. B.,** Benson, A. J., Bray, S. R., & Eys, M. A. (2013, March). Testing the innuendo effect in a sport context. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
39. **Evans, M.B.,** & Eys, M. A. (2013, March). Predicting group processes using structures and perceptions of interdependence among individual sport teammates. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
40. **Evans, M. B.,** & Eys, M. A. (2012, November). Individual sport athletes' experiences in team environments. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Halifax, Nova Scotia.
41. **Evans, M. B.,** & Wilson, A. E. (2012, March). Temporal distance to future selves in exercise: Relationships with intention-behaviour congruency and outcome expectations. Presented at the meeting of the Eastern Canada Sport and Exercise Psychology Symposium. London, Ontario.
42. **Evans, M. B.,** Eys, M. A., & Loughead, T. M. (2011, November). Structural Interdependence and Group Environments: Beyond the Team-Individual Sport Dichotomy. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.
43. Eys, M. A., Loughead, T. M., & **Evans, M. B.** (2011, November). Cohesion in sport: Considerations for younger sport participants. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.
44. Loughead, T. M., Eys, M. A., & **Evans, M. B.** (2011, November). New considerations in the study of athlete leadership. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.

45. Eys, M. A., Bruner, M., **Evans, M. B.**, Jewitt, E., Lougheed, T., & Wolf, S. (2011, June) Sources of enjoyment influence cohesion-motivational climate relationships in youth sport. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Burlington, Vermont.
46. Hoar, S. D., Burton, D., Pickering, M. A., Link, C.A., **Evans, M. B.**, & Hoetmer, J. (2011, June) Preliminary validation of a new measurement model of competitive state anxiety. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Burlington, Vermont.
47. **Evans, M. B.** & Wilson, A. E. (2011, March). How far away am I? Proposed study involving temporal distance to future selves in exercise. Presented at the Eastern Canadian Sport and Exercise Psychology Symposium. Waterloo, Ontario.
48. **Evans, M. B.** & Hoar, S. D. (2010, October). Endurance athletes' coping efforts throughout competitive suffering episodes. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Ottawa, Ontario.
49. **Evans, M. B.** & Hoar, S. D. (2010, April). Competitive suffering in endurance sport. Presented at the meeting of the Northwestern Society for Sport and Exercise Psychology, Moscow, Idaho.
50. **Evans, M. B.**, Link, C. A., & Hoar, S. D. (2009, November). The stressors and coping efforts associated with Master's-level competition: A developmental population overlooked? Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Toronto, Ontario.

Poster

1. Graupensperger, S., Panza, M., & **Evans, M. B.** (2020, June) Conformity or projection? Prospective associations between team drinking norms and students' alcohol use frequency within club sport teams. Poster to be presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada.
2. Graupensperger, S., Panza, M., & **Evans, M. B.** (2020, June) How much alcohol does my team drink? Consensus emergence modeling of perceived and actual drinking norms in college club sport teams. Poster to be presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada.
3. **Evans, M. B.** (2020, Feb). An intensive longitudinal examination of momentary patterns in students' exercise outcome cognitions. Poster presented at the Society for Personality and Social Psychology, New Orleans, LA.

4. Panza, M., Graupensperger, S., Agans, J., Vella, S., Dore, I., & Evans, M. B. (2019, October). Associations between adolescent organized sport participation and symptoms of anxiety and depression: A systematic review and meta-analysis. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Vancouver, British Columbia.
5. McGuire, C., **Evans, M. B.**, & Martin, L. J. (2019, October). Perceiving and experiencing subgroups in sport: a conceptual and qualitative approach. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Vancouver, British Columbia.
6. **Evans, M. B.**, Graupensperger, S., Benson, A. J., Eys, M. A., Hastings, B., & Gottschall, J. (2019, June). Groupness perceptions and basic needs satisfaction within fitness groups. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
7. Graupensperger, S., Panza, M., & Evans, M. B. (2019, June). A social network approach to examining friendship and interactions as predictors of social identity in college club-level athletes. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.
8. Graupensperger, S., Jones, D., Turrisi, R., & **Evans, M. B.** (May, 2019). Heavy episodic drinking predicts peer group centrality: social network analysis within college club sport teams. Presented at the meeting of the Society for Prevention Research. San Francisco, CA.
9. Corey, J., Graupensperger, S., & Evans, M. B. (2019, February). Outcome expectations and self-efficacy as predictors of exercise behavior among college students. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, Kentucky.
10. Robertson, M., Hague, C., **Evans, M. B.**, & Martin, L. J. (2018, October). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Toronto, Ontario.
11. Graupensperger, S. A., Benson, A. J., Eys, M. A., Gottschall, J. S., Hastings, B., & **Evans, M. B.** (2018, July). Perceptions of groupness during group fitness: A between- and within-person examination. Presented at the annual meeting for the Interdisciplinary Network for Group Research. Washington, D.C.
12. Ehle, R., Hancock, D. J., Paradis, K. F., **Evans, M. B.**, & Martin, L. J. (June, 2018). An assessment of sport officials' perceptions of group cohesion. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.

13. Graupensperger, S. A., & **Evans, M. B.** (2017, October). Associations between obesity and psychological morbidity of depression and anxiety in spinal cord injury patients. Presented at the American Congress of Rehabilitation Medicine. Atlanta, GA.
14. **Evans, M. B.**, McLaren, C., Budzisewski, R., & Gilchrist, J. (2017, July). Exploring how running groups impact personal running identities and running behavior. Presented at the annual meeting for the Interdisciplinary Network for Group Research. St. Louis, MO.
15. **Evans, M. B.**, Allan, V., Erickson, K., Martin, L. J., Budziszewski, R., & Côté, J. (2017, March). Systematic Review of Young Athletes' Psychosocial Experiences Across Sport Types, Settings, and Activity Patterns. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Diego, CA.
16. **Evans, M. B.**, & McLaren, C. (2016, October). Imagine running together: Preliminary experimental study of how running group membership impacts personal running identities. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
17. Donkers, J. L., Martin, L. J., & **Evans, M. B.** (2016, October). Psychological collectivism in youth athletes on individual sport teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
18. Hoar, S. D., **Evans, M. B.**, Budziszewski, R., & Barrette, S. (2016, October). The role of psychological characteristics in facilitating the pathway to elite performance among North American cross country skiers. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
19. Martin, L. J., **Evans, M. B.**, & Bruner, M. W. (2016, October). The assessment of subgroups in youth sport via interviews informed by social network analysis. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
20. Shirazipour, C. H., **Evans, M. B.**, Leo, J., Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2016, October). A systematic review of quality participation context characteristics in community-based physical activity programs for people with physical disabilities. Presented at Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
21. **Evans, M. B.**, Martin, L. J., & Spink, K. (2015, October). Conceptualizing affective responses to inclusion and exclusion: The case of subgroups in sport teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Edmonton, Alberta.

22. Martin, L. J., Wilson, J., **Evans, M. B.**, & Spink, K. (2013, October). "Where is that 'clique'ing sound coming from?" Athletes' perceptions of cliques within teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, British Columbia.
 23. **Evans, M. B.**, Eys, M. A., & Bruner, M. (2011, October). Finding the 'team' in individual sport: A conceptual group typology using interdependence. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Winnipeg, Manitoba.
 24. **Evans, M. B.** & Hoar, S. D. (2009, September). Transition from sport: A reflective account of working with an athlete with a disability. Presented at the meeting of the Association of Applied Sport Psychology. Salt Lake City, Utah.
-

Research Support

Grants under review

Grants and contracts funded

SSHRC Insight Grant

2020

'The company they keep': A nuanced investigation of peer groups in youth sport.

Total Costs: \$98,900 CAD

Role: Co-I (Dr. Luc J. Martin, PI)

Grant and contracts completed

NCAA Graduate Student Research Grant Program

2020

Staying ahead of the curve: A dynamic norms approach to reduce alcohol use intentions and behaviors in student-athletes

Total Costs: \$5,625.00 USD (OSP# 226583)

Role: Mentor/Co-I (awarded to S. Graupensperger).

NIH, Predoctoral Ruth L. Kirchstein National Research Service Award (F31)

2019

Employing longitudinal and social network analyses to examine how interacting small group norms influence college student alcohol use.

Total Costs: \$70,134; National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Role: Sponsor (S. Graupensperger, Student). Score: 11

- Center for Rural Pennsylvania** 2018
Exploring disparities in school sport participation in rural Pennsylvania
Total Costs: \$15,000
Role: PI.
- US Lacrosse Foundation** 2018
Team talk: Developing & evaluating a peer-based mental health intervention in youth lacrosse
Total Costs: \$29,916.00
Role: PI.
- Social Sciences and Humanities Research Council - Institutional Grant** 2018
The development of a valid and reliable questionnaire to evaluate the impact of cliques for youth experiences in sport
Total costs: \$6,979.00 CAD
Role: Co-I (Dr. Luc Martin, PI).
- Social Sciences and Humanities Research Council Partnership Grant** 2013-2020
Canadian Disability Participation Project
Total Costs: \$3,100,000 CAD (Grant# 895-2013-1021)
Role: Co-I (Dr. Kathleen Martin Ginis, PI).
- Association for Applied Sport Psychology – Research Grant** 2018
Helping hands: Exploring the mental health landscape in US youth sport
Total costs: \$1975.00
Role: Co-I (Dr. Matthew Vierimaa, PI).
- Social Sciences and Humanities Council of Canada – Insight Development** 2017
An Exploration of Quality Participation within an Assisted Recreation Program
Total costs: \$72,867.00 CAD
Role: Co-I (Dr. Jennifer Tomasone, PI).
- Les Mills International (research contract)** 2017
Group dynamics research proposal
Total costs: \$5,000 USD (OSP# 192789)
Role: PI.
- NCAA Graduate Student Research Grant Program** 2016-2017
Everyone Else Is Doing It: Predicting Susceptibility to Peer Influence in NCAA Student Athletes
Total Costs: \$6,000.00 USD (OSP# 191665)
Role: Mentor/Co-I (awarded to S. Graupensperger).
- Coaching Research Grant, The FA, Staffordshire, UK** 2015
Total Costs: £15,000
Role: Co-PI (with Dr. J. Côté).

Heart and Stroke Foundation SPARK Grant, Active Waterloo Region.

2011 Total Costs: \$5000

Role: Co-I (Dr. M. Eys, PI)

SSAA Research Grant, Sports Sciences Association of Alberta

2009

Coping efforts used by long-distance runners to manage competitive suffering.

Total Costs: \$4557.57

Role: Co-I (Dr. S. Hoar, PI)

Internal funding for outreach

Thomas Nardozzo and Mary Mangino Community Service Endowment

2017

Supporting Parasport Outreach in The Pennsylvania Sport Community

College of Health and Human Development

Costs: \$2,935.25 (with Dr. J. Belanger)

Thomas W. and Jane Mason Tewksbury Endowment for Teaching Excellence

2017

Developing teaching opportunities related to Parasport

College of Health and Human Development

Costs: \$3500.00 (with Dr. J. Belanger)

Professional Service

Graduate student supervision and mentorship, Pennsylvania State University

Doctoral dissertation committee chair

Scott Graupensperger

2017-2020

PhD in Kinesiology, dual-degree in Clinical and Translational Science

Awards/Funding:

NIAAA F31 (2019)

Student Paper Award, North American Society for the Psychology of Sport and Physical Activity (2019)

Prevention and Methodology Training (PAMT; NIH T-32) program trainee (complete tuition and assistantship support, 2018-2019)

CTSI TL1 Training Program (\$21,857, 2017-2018)

Masters thesis committee chair

Michael Panza

2020

MSc in Kinesiology

Doctoral dissertation committee membership

Oliver Wilson, Kinesiology

2020

Krista Leonard, Kinesiology

2020

Jason Yang, Kinesiology	2017
Master's thesis committee membership	
Krista Leonard, Kinesiology	2017
Comprehensive committee membership	
Ashley Sanders, Kinesiology	2019
Krista Leonard, Kinesiology	2019
Jason Yang, Kinesiology	2017
Candidacy committee membership	
Nishat Bhuiyan	2019
Abigail Pauley and Krista Leonard	2017
Zach Papalia, Kinesiology	2015
Undergraduate student supervision and mentorship, Pennsylvania State Schreyer's Honors Undergraduate Thesis Chair	
Jacob Corey	2020
Janelle Rothacker	2019
International visiting students [1 month or more in the Team lab]	
Caroline Bour, Master's student, École normale supérieure de Rennes	2018
Alba Rodrigues, Master's student, Universidade Estadual de Campinas	2017
Student supervision and mentorship, Other Locations	
Graduate Thesis Committee Membership, Other Locations	
Krystn Orr, PhD student, University of Toronto Supervisor: Dr. Kelly Arbour-Nicitopoulos	2020
Kelsey Saizew, Master's student, Queen's University Supervisor: Dr. Luc Martin	2018
Alba Rodrigues, Master's student, Universidade Estadual de Campinas Supervisor: Dr. Larissa Galatti	2018
Janice Donkers, Master's student, University of Lethbridge Supervisor: Dr. Luc Martin	2015
Veronica Allan, Master's student, Queen's University Supervisor: Dr. Jean Côté	2014
University Affiliations via Adjunct Status	
University of Toronto, Faculty of Kinesiology & Physical Education (2016-current)	
Queen's University, Dept. of Kinesiology and Health Studies (2015-Current)	
University of Lethbridge, Dept. of Kinesiology and Physical Education (2015-2020)	
Academic Society Affiliations	
Interdisciplinary Network for Group Research (2017-19)	
Canadian Society for Psychomotor Learning and Sport Psychology (2008-current)	

North American Society for the Psychology of Sport and Physical Activity (2011-current)

Other Professional Service (Penn State)

Member of Search Committee (Assistant Teaching Professor, Kinesiology)	2019
Member of Clinical and Translational Science faculty	2019+
Kinesiology diversity committee chair	2018+
Kinesiology undergraduate curriculum committee	2016-2018
Dorothy Harris lecture speaker series coordinator	2016, 2019
Psychology section doctoral candidacy committee	2016, 2017
Discussant or presented, Kinesiology Graduate Colloquium	2016, 2018
Faculty Judge, Graduate Research Exhibition	2016, 2018

Other Professional Service (Other locations)

Sport and Exercise Psychology Organizing Committee (Vancouver), North American Sport and Exercise Psychology Association	2020
Contributor to ‘the Digest’, Journal of Sport and Exercise Psychology (i.e., reviews of recent articles from other journals, relevant to sport and exercise)	2017-2019
Psychology Departmental Ethics Reviewer, Wilfrid Laurier University	2011
Student Organization Committee Member, Eastern Canada Exercise and Sport Psychology Symposium	2011

Editorial Board Membership and Journal Service

Editorial Board, Journal of Applied Sport Psychology (November 2018+; 17 reviews ranging to 2010)

Editorial Board, Sport, Exercise, and Performance Psychology (January 2018+; 20 reviews ranging to 2013)

Editorial Board, Adapted Physical Activity Quarterly (March 2018+; 7 reviews ranging to 2017)

Ad Hoc Reviewer (Journal, number of reviews, date range)

Psychology of Sport and Exercise, 15 (2013+)
 The Sport Psychologist, 8 (2014-2015, 2018+)
 Journal of Sport & Exercise Psychology, 8 (2015+)
 International Journal of Sport and Exercise Psychology, 7 (2015+)
 Journal of Sports Sciences, 5 (2015-2016, 2019)
 Qualitative Research in Sport, Exercise, and Health, 7 (2018+)
 Scandinavian Journal of Medicine and Science in Sports, 5 (2015+)
 International Sport Coaching Journal, 2 (2014-2015)
 Research Quarterly in Exercise and Sport, 4 (2015-2016, 2019+)
 European Journal of Sport Science, 3 (2016+)
 Group Dynamics: Theory, Research, and Practice, 4 (2017+)
 Journal of Physical Activity and Health, 2 (2018+)
 Journal of Behavioral Medicine, 2 (2018+)
 Kinesiology Review, 2 (2019+)

Other journals:, Translational Behavioral Medicine; PLOSOne; European Journal of

Social Psychology; Journal of Sport and Health Science; Medicine & Science in Sports & Exercise; Self and Identity; Systematic Reviews; Sport Medicine; Disability and Rehabilitation; Journal of Behavioral Medicine

Grant Reviews

Ad Hoc Reviewer, C2 Grant - Industrial Research Council, 2019
KU Leuven (University of Leuven, Belgium)
Ad Hoc Reviewer, SSHRC Insight Grants, 2018
Social Sciences and Humanities Research Council of Canada
Ad Hoc Reviewer, GRFP grant review, National Science Foundation 2017

Professional Development

Mental Health First Aid (youth) March, 2019
Ever Better Mentoring May, 2018
Online modules followed by a workshop to develop mentorship skills for mentors of TL1 and KL2 scholars, hosted by the Penn State CTSI.

Community Involvement

Knowledge Translation

A Blueprint for Building Quality Experiences in Parasport 2017
Knowledge mobilization tool, developed as part of the Canadian Disability Participation Project. Developed by Veronica Allan and Jasmin Ma.
Resource designed for administrators of sport organizations to evaluate the participation experiences of participants in their programs.
<https://cdpp.ca/resources-and-publications/blueprint-building-quality-participation-sport-children-youth-and-adults>
Also translated by community members:
https://cdn3.sportngin.com/attachments/document/0151/0892/Everyone_Plays_Book_web.pdf

Consulting and white papers

Why we run whitepaper; Strava 2020
Consulted with online fitness tracking company to study social influence on running.
Published white paper:
https://whywerun.strava.com/assets/whitepaper/Whitepaper_Strava_WhyWeRun_012320.pdf

Internal speaking events (Penn State)

Associations between health behavior and small group phenomena: Multilevel perspectives applied to sport teams and exercise groups.
Methodology Center Brown-Bag (September 2019)

Sport and exercise groups as peer ecologies: Implications for prevention.
Seminar for the Prevention and Methodology Training Center (March 2019)

WE are: Group processes that underlie optimal and harmful sport experiences.
Seminar for the PSU Sport Center colloquium (March 2017)

Public Community Outreach

Dr. Evans and Team Lab members

Volunteering/community engagement, Rec Fest, PSU Hershey MC 2017, 2018, 2019
Team lab attended and volunteered at disability sport/ recreation event

Study Visit, The Football Association (the FA; UK) 2015
Met with coach developers and attended coach education sessions

Committee Member, Waterloo Region Active Living Network 2011-2012
Subcommittee for Regional Physical Activity Charter Development
Assisted in development of regional physical activity blueprint and charter

Consulting with Teams and Organizations

Research consultant, STRAVA Fitness App 2019

Integrated Service Team Member, Canadian Cross Country Skiing National
Development Center, Thunder Bay (2014-2016)

Mental training consulting, Queen's University Women's Basketball 2014-2015

Group dynamics statistical consultant, Schlegel Villages 2013-2014

Coaching consultant, University of Waterloo Curling Team 2013

Mental trainer, University of Lethbridge Women's Hockey; Men's Basketball 2010

Mental trainer, Team of *Ironman* competitors 2009

Invited Workshops (2012-2016)

Group dynamics and emotions in elite cross country skiing – Canadian Cross Country Ski
Association. Canmore, Alberta. (Spring 2016)

Finding meaning in sport over time – Blue Marlins Swim Team, Kingston, Ontario

Mental training for Figure Skaters – Prince Edward County Figure Skating Club,
Belleville, Ontario.

Belongingness in the Canadian Cross Country skiing community – Cross Country Ski
National Championships Women's Committee Event, Thunder Bay.

Parenting workshop/Competitive suffering workshop – Nakkertok XC ski team, Ottawa

Psychological awareness – Queen's University Curling Teams, Kingston

Mental skills in sailing – Sailing Ontario, Ontario Sailing Team, Kingston

Mental training – St. Clair College Professional Golf Management Program, Windsor

Media – Print, Television, Radio

Online news article on 'Healio Psychiatry' (healio.com) 2020

College students' peer groups significantly influence alcohol use

<https://www.healio.com/psychiatry/substance-use-disorders/news/online/%7Bb66f364a-1c87-46d2-b143-d2885b9090c7%7D/college-students-peer-groups-significantly-influence-alcohol-use>

Press release of student success by Penn State News 2019

“Translational science training programs credited with student success.”

<https://news.psu.edu/story/554651/2019/01/16/academics/translational-science-training-programs-credited-student-success>

Summary of research outputs by Les Mills International 2019

“Tapping into the power of group dynamics”

<https://www.youtube.com/watch?v=nEjERfTum7c>

<https://www.lesmills.com/us/clubs-and-facilities/club-management/tapping-into-the-power-of-group-dynamics-research/>

Summary of article released by Penn State News 2018

“Tight-knit teammates may conform to each other's behavior”

<https://news.psu.edu/story/533404/2018/08/30/research/tight-knit-teammates-may-conform-each-others-behavior>

Press release of article by UBC media relations 2018

“Researchers review quality of exercise options for those with disabilities”

<https://news.ok.ubc.ca/2018/05/30/canadian-researchers-review-quality-of-exercise-options-for-those-with-disabilities/>

Executive summary of article prepared by SportsCoachUK 2015

Coach-centered article describing approaches for socializing new athletes onto teams, prepared by a sport education organization in the United Kingdom.

<http://www.sportscoachuk.org/sites/default/files/no19%20bringing%20new%20players%20into%20a%20team.pdf>

Contributor to editorial in the “Costco Connection” 2015

Summer 2015 editorial debating the pros and cons of changing youth sports so that the score is no longer kept (Volume 28, No. 6)

<http://www.costcoconnection.ca/connectioncaeng/20150910?pg=16#pg16>

Focus of sport science commentary on Fasterskier.com 2014

How your Sport Psychology research gets done: <http://fasterskier.com/article/how-your-sports-psychology-research-gets-done-based-on-days-spent-ski-racing/>

Team dynamics in individual sports: <http://fasterskier.com/article/this-month-in-journals-team-dynamics-in-individual-sports-how-to-prescribe-intervals/>

How we suffer: <http://fasterskier.com/article/this-month-in-journals-how-we-suffer/>